



NEW TOWN EAGLES

S O C C E R C L U B

ZB Goalkeeping Services

Zlatko Belanic in association with the New Town Eagles Soccer Club will be conducting goalkeeper coaching sessions in Hobart in April 2010.



⚽ **Thursday 8th April – Clare Street Oval, New Town**

Time: 9.30am – 12.30pm (followed by BBQ)
Target Age Group 10-15 - Cost \$50.00

⚽ **Friday 9th April – Clare Street Oval, New Town**

Time: 9.30am – 12.30pm (followed by BBQ)
Target Age Group 10-15 - Cost \$50.00

⚽ **Friday 9th April - Clare Street Oval, New Town**

Time: 6.00 – 8.30pm
Target Age Group 16+ - Cost \$50.00

⚽ **Sunday 11th April - Clare Street Oval, New Town**

Time: 10.00am – 12.00noon
Target – Club Coaches – Cost \$50 per club **

Sessions will cover the following:	Materials Provided to each participant: *
Warming up (Dynamic Stretches)	Analysis Sheets / KPI's (Key Performance Indicators)
Basic Handling	Caring for your Equipment
Shot Stopping / Technique	Preparing for Games
Agility / Technique / Footwork	Psychology - Mental Preparation for Game *
Crosses	GK Specific Weight Programme - Pre-season *
Distribution	GK Specific Weight Programme - Rehabilitation *
Angles	Nutrition for Goalkeepers
Warm Down (Static Stretches)	* some material based on age-groups

For quality purposes numbers for each session will be strictly limited so register today to reserve your place. If you have any questions please not hesitate to contact us:

**Andrew 0408 611093,
Zlatko 0417 591260,
goalkcoaching@netspace.net.au**

Zlatko's CV is available at www.newtowneagles.com

** Clubs can send up to 5 coaches.



ZB Goalkeeping Services

About Your Coach Zlatko Belanic



Qualifications

Football Federation Australia (FFA), Asian Football Confederation (AFC) `B` Licence
Fitness for Soccer (South Australian Sports Institute - SASI)
Senior First Aid
OH&S Workplace / Sport

Playing Career

Zlatko made his Senior debut in 1979 at the age of 17 for Croatia Whyalla. He has played in over 550 games for a number of clubs, Croatia Whyalla, Rapid Hobart, Croatia Glenorchy, and New Town Eagles (formerly White Eagle) winning numerous League Championships and Cups along the way. On a personal level he was voted Player of the Year on 5 separate occasions.

Coaching Career

Zlatko has held coaching positions with Adelaide clubs, Metro Stars 2000-01 (GK Coach - Juniors and Seniors), Metro United 2006 (Head Coach) and Croydon Kings 2009 (Senior Assistant and GK Coach).

From 2002-2005 Zlatko was a Senior Assistant and Goalkeeper Coach for the South Australian Institute of Sport (SASI) Women's team. Here he worked with current and ex Matilda players Leanne Trimboli, Colette McCallum, Lisa De Vanna, Di Alagich and Emma Wirkus. He has also worked with numerous youngsters that have trialled overseas and have received scholarships particularly in the US.

Zlatko has taken sessions for the benefit of numerous Directors of Coaching in Australia as well as providing programs to assist in the measurement of keeper performance. His knowledge and experience in keeping and other qualifications is of the highest quality and will be beneficial to anyone who attends his sessions, goalkeepers and coaches alike.



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REGISTRATION FORM

Name: _____

Date of Birth: ____/____/____

Address: _____

Club, Association: _____

Contact Numbers: _____

Emergency Contact: _____

Medical Conditions: _____

Email address: _____

Session Attending: _____

Email form to: goalkcoaching@netspace.net.au

Send to: New Town Eagles SC, 20 New Town Road, New Town , 7008

Payment Details:

Cheques made payable to: White Eagle Sports Club Inc.
Address: 20 New Town Road, New Town, 7008

Direct Deposits

Bank Account Name: White Eagle Sports Club Inc.
Bank: Commonwealth Bank of Australia
BSB: 067-000 - Account Number: 28057962 Reference: Name
